



Scouts

Baden-Powell Activity Centre

The Duke of Edinburgh's International Award
Information Pack

Gold Residential Project

Baden-Powell Activity Centre

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Gold Residential Project

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Gold Residential Project

Program Overview



Participants will experience a 5-day residential project within the Baden-Powell Activity Centre and surrounding areas, focusing on environmental management, volunteer work, and site management.

The participants will be accommodated at the Baden-Powell Activity Centre and will be provided with cabin-style accommodation with hot showers, toilets, and a kitchen. A full program will be released before the project.

Participants will not need to bring a hiking pack but will need a day pack to carry lunches, snacks, and water throughout the day.



Itinerary



DAY 1

10:00 am – Arrive on-site at the Baden-Powell Activity Centre
10:30am – Site induction / tour / set up accommodation etc.
Noon – Lunch (Please bring your lunch)
1:00 pm – Menu planning for the week and shopping expedition
4:30 pm – Afternoon expedition to City View Lookout
5:30 pm – Independent time as a group

DAY 2

8:30 am – Meet at the site office for induction of the day's activities
9:00 am – Environmental Conservation project
Noon – Lunch
1:00 pm – Environmental Conservation project
5:30 pm – Independent time as a group

DAY 3

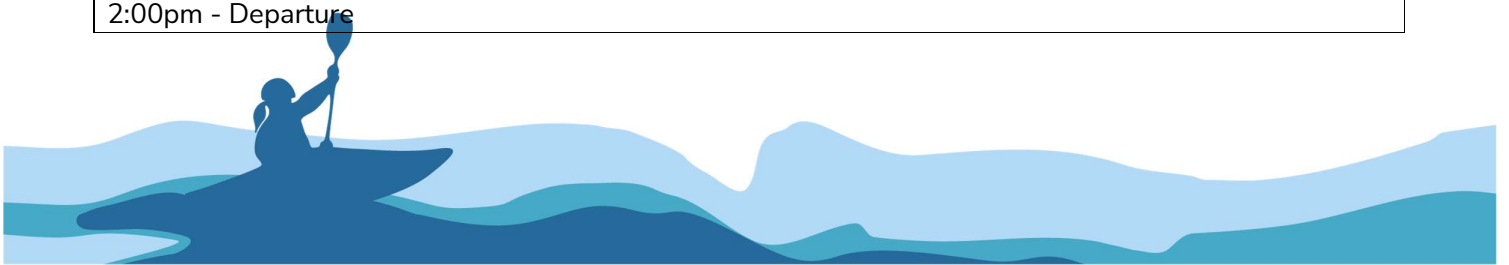
8:30 am – Meet at the site office for induction of the day's activities
9:00 am – Construction project of garden beds
Noon – Lunch
1:00 pm – Afternoon Bushwalk
5:30 pm – Independent time as a group
7:00 pm – Campfire near the campground

DAY 4

8:30 am – Meet at the site office for induction of the day's activities
9:00 am – Environmental Conservation project
Noon – Lunch
1:00 pm – Environmental Conservation project
5:30 pm – Independent time as a group

DAY 5

8:30 am – Meet at the site office for induction of the day's activities
9:00 am – a FUN activity
Noon – Lunch
1:00pm – Pack up site/ D
2:00pm - Departure



Pre and Post Checklists



PRE Check List

Timeline	Task	Completed
NOW!	Register via the online link	
	Notify your award leader that you have chosen Scouts NSW for your residential project	
	Set up your DoE ORB	
	Complete your E-Permission	
1 Week Before Program	Start Packing	
Day of the Program	Arrive at the site and enjoy 😊	

POST CHECKLIST

Timeline	Task	Completed
Once you arrive home	Create your Gold Residential Report	
	Fill in assessor Details	
	Submit your ORB for us to assess	



Arrival and Departure Times

Public Transport

Participants can catch the train to Pennant Hills Train Station. Please ensure that you let the Centre Manager know so that they can pick you up.

Car

Participants can be dropped off at the Baden-Powell Activity Centre on the first day of the program. The address is Pomona Street, Pennant Hills, NSW, 2120. Times will be confirmed before arrival.

Inclusions and Exclusions

Scouts NSW Provides;

- At least 1 x staff member for the duration of the Gold Residential Project
- Activity equipment and safety equipment for each participant as required
- Accommodation for 4 nights
- All food supplied, up to participants to cook and prepare
- All relevant licenses and permits for activities
- Full support for the group
- \$50,000,000 Public Liability Insurance

Participants provide

- Transport to and from the Activity Centre
- Sleeping bag and/or sheets and a doona
- Snack food for the duration of the program
- Journal and pens (laptop is okay also)
- Personal gear as per packing list
- Any medication

Payments

Deposit - To confirm your place on the journey, we require a 25% non-refundable deposit of the amount quoted.

Final Payment - Final payment is due 7 days before your arrival.



Cancellation

Should the event be cancelled by Scouts NSW, due to events out of our control, such as; government restrictions or natural disasters such as floods and bushfires, Scouts NSW will attempt to organise a place in an upcoming Gold Residential Project. A refund can also be offered in some circumstances.

If the attendance at the event is cancelled by the participant due to illness or because you are unable to attend for other reasons, the deposit can be used to secure a place in an upcoming Gold Residential Project. Any cancellations within 7 days of the project will not receive a refund.



Catering

The cost of the program includes catering. The first activity is to plan the menu and go to the shops to work within the set budget to buy meals for the week. This shop will be done with supervision by Centre Staff to ensure that a balanced diet is met and any dietary requirements are catered for.

Participants Code of Conduct

Whilst participating in the project, it is expected that all participants abide by the code of conduct. Should the code of conduct be broken, this could result in being returned home early at the expense of the parent or guardian.

Code of Conduct

- Respect for yourself, others, and the property, including the environment.
- Adhere to Health and Safety requirements
- Behave appropriately – bullying or harassment will not be tolerated.
- Scouts NSW does not allow illegal drugs, alcohol, or anyone under the influence on our programs.
- Participants must stay onsite for the duration of the program unless arranged prior.

Health and Safety

- All staff at Scouts NSW have current NSW Working With Children's Checks and National Police Checks
- With the serious nature of COVID-19, we now ask that participants bring and wear face masks when unable to physically distance themselves and to pack hand sanitizer with the rest of their gear. If you are unwell or have any covid-19 symptoms in the week leading up to the project please do not attend and contact us immediately.
- All activity staff are qualified in first aid.
- We have a risk management plan which is available on our website.



Gear List

As part of the Gold Residential Project, students need to ensure they have the correct equipment to ensure they have the best possible experience and for their safety and comfort.

Participants must have the appropriate gear to keep them safe and healthy whilst on camp. Choosing not to bring items on this list can expose students to severe sunburn, hypothermia, hyperthermia, scratches and infection, gastro and muscle strain.



Tips:

- Label all your equipment with your Name and Phone No.
- When packing always think of lightweight materials that take up less space
- Bring gear to camp in backpacks or soft bags, suitcases are not appropriate
- While on activity, cotton makes you colder on cold days and hotter on hot days, thermals or synthetic clothing will make you more comfortable.
- Banned List: Cigarettes, iPods, pocket knives, alcohol, drugs, tablets, flip flops, makeup, or gum.

Item	TICK
Face Masks	
3 x pairs of shorts	
2 x long-sleeve shirts with collars	
Garbage bags for wet gear	
Insect Repellent	
Sunscreen	
Jumper / Wind Stopper	
Lightweight pants	
Personal First Aid Kit (Personal medication, band-aids, tweezers, strapping tape, blister treatment, and hand sanitizer)	
Raincoat / Rain jacket	
Runners	
Linen for bed – Fitted sheet, pillow, and doona or a sleeping bag	
Small day pack to carry equipment for day activities	
Some healthy snack food. NO NUTS	
Sun Hat (wide-brimmed)	
Sunglasses	
Toiletries – Toothbrush and paste, soap, deodorant, hairbrush, and ties.	
Torch with spare batteries	
2 x Towels	
Underwear and socks (enough for each day and a spare)	
Water bottle x 2 (1L each)	
Walking Boots	
Swimmers for possible water activities	
Gardening gloves	
Hand sanitizer	

FAQs

Where am I sleeping?

You will be staying in cabin accommodation, which will include a bathroom and kitchen.

What will I eat?

Food and meals are up to the responsibility of the individuals. There is a Woolworths nearby which camp staff can supervise for trips. There is a small kitchen for participants to cook their meals.

Can I bring technology to the program?

We encourage all participants to not use technology such as phones, tablets, music players, etc. during your program. If you need to bring these items, they are the responsibility of the individual.

Do I have to wear hiking boots?

We recommend hiking boots for all our programs. If you are unable to source these, you will need to find a suitable pair of lace-up, fully enclosed footwear that has a rigid sole and provides ankle stability.

Do I have to bring wet weather clothing?

We use the rain jacket and waterproof over pants as a heat-trapping layer in the evenings, just as much as a waterproof cover in the case of rain. For the majority of situations, we continue with our program when it is raining, and so very strongly encourage participants to provide these items.

What activities will I be doing?

There will be a variety of activities ranging from small bushwalks, environmental conservation, and construction projects around the centre.

